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A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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all who are athirst may drink

NOV. 1959

THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. 8 **November, 1959** **Núm. 8**

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CHARLOTTESVILLE, VIRGINIA

YOUR REASON FOR BEING IS TO EMIT MORE LIGHT

Monthly Letter to the Transmission of the Flame Class of November 21st, 1959

Dear Children who wish to emit more Light:

The yearly Ceremony at Shamballa, in this thirty-day period between November 15th and December 14th, is not only a World but a Cosmic Event, as Representatives from all the planets of the System attend, as well as the Builders of Form, the Angelic Host and Devas, presided by Beloved Helios and Vesta, to give an additional impulse to the dwellers of the Earth and all Their evolutions going on simultaneously.

Another significant activity is the Presence of the Ditectors of the Four Elements Who direct the Flame into Their respective Kingdoms accelerating considerably their evolutions.

Representatives from all the Retreats in this planet are of course also present, as well as the different Ascended Masters with the groups of Their chelas, Who act as Transformers for the direction of the Flame to all mankind, individually and collectively. There are also present all the sincere and loyal Directors of Sanctuaries and Groups with their students.

How is the alert and devout student to avail himself or herself of this wonderful period of spiritualization of the Earth planet? By preparing their minds and their feelings with the reading of every thing that has been written about Shamballa, Sanat Kumara and Lord Gautama so as to facilitate their tuning into the high vibrations of this Retreat, to enable them to execute individually the Purpose for which Shamballa was founded by Sanat Kumara, which as I have said elsewhere, is to make of every individual, of every sentient being, "a self-conscious Light-bearer".

Beloved Children who read these lines, The Beloved Lord Gautama and I shall be waiting for you at Shamballa every night!

Love and Blessings

Maha Chohan

HOME OF THE SPIRITUAL HIERARCHY OF THE WORLD

SHAMBALLA

(Over the Gobi Desert)

Open to the people of the Earth during the thirty-day period of

November 15th through December 14th, 1959

Founder of the Retreat and Regent of the World: Sanat Kumara
Hierarch and Lord of the World since January 1, 1956: Lord Gautama Buddha

Color of the Flame: Pink, Gold and Blue
Musical Keynote: Song of India

STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF NOVEMBER 21, 1959

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Lord Gautama's	patient	Love	and	Illumined	Wisdom
"I AM"	absorbing	Lord Gautama's	patient	Love	and	Illumined	Wisdom
"I AM"	expanding	Lord Gautama's	patient	Love	and	Illumined	Wisdom
"I AM"	projecting	Lord Gautama's	patient	Love	and	Illumined	Wisdom

References for Sanctuary Directors to prepare the Transmission of the Flame Class on November 21, 1959

Descriptions of Shamballa: Please see following issues of **The Bridge to Freedom** Journal: Vol. 1, No. 7; and issues No. 8 of the remaining Volumes from II to VII.

Special Articles in Volume I of **the Bridge** Journal:
On Venus, pages 3 and 12
The Sacrifice of Sanat Kumara, page 21
The Building of Shamballa, page 29
The Founding of the Great White Brotherhood, page 42

Addresses by Sanat Kumara: In **The Bridge to Freedom** Journal: Vol. II No. 8; Vol. III Nos. 2 and 8; Vol. IV No. 8; Vol. V No. 8.
Booklets: Serie II No. 3.

WHAT THE ASCENDED MASTERS SAY ABOUT SHAMBALLA

MAY you remember the Glory of Shamballa, the Light of this Spiritual City, the enthusiasm and hope and glory that forms the aura, filling the atmosphere. How can words describe the Festival of Thanksgiving from the standpoint of wholly God Free Intelligences who can and do pour forth Love, unqualified with human desire; gratitude for opportunity to serve; and praise to God for the use of Life!

The response of the atmosphere of the Earth

In song, in glorious color, in beautiful designs, the praise of the God Free Beings pulsates out from the City, increasing the aura of the already powerful focus a thousand-fold. The music of the spheres is greatly intensified by this period of joyous reunion of Gods and chelas and incarnate spirits who live to serve life in their chosen orbits of expression.

It is no wonder that the dense lower atmosphere of Earth responds for a time to the hosannas and the spirit of giving, for it would be impossible for any substance of energy not to feel the pressure of this glorious period when God rests in His Labors and His Messengers gather the harvest of the year and place It at the Feet of the Lord of each World and each Universe.

Your present service determines your future assignment

Quoting one of the Ascended Ones: "In Our Kingdom, every twelve months, We are allowed the great privilege and honor of walking over that magnificent Bridge of Light into the Heart of Shamballa bringing with Us not only the results of Our individual service through the year, but Our energies and consciousness, and, in the radiant effulgence of the Lord of the World, We, too, are repolarized, revitalized and refreshed by proximity to His Magnificent and Radiant Presence. Here in counsel, One

with Another, We discuss Our service of the past year—We bring Our harvest, even as you are bringing yours, before the Lord of the World and that harvest determines the amount of service that We are called upon to render for the coming twelve months. What We have done with the Light given; what We have done with opportunities offered; what We have done with the consciousness and capacities that We have had at hand will be a determining factor in our assignment for the coming year.

"As the great Three-fold Flame at Shamballa receives within Itself the harvest of each one of us, from the smallest elemental that made the tiniest apple blossom to the greatest Archangel Who rendered service in dissolving the compound, It grows and grows and grows until It becomes a tremendous Witness to that which every lifestream has accomplished through constructive energy within the year."

The release of Sanat Kumara

And quoting from our Beloved Morya on New Year's Eve of 1955: "SANAT KUMARA HAS BEEN RELEASED FROM HIS EXILE OF THE AGES! This decision by the Cosmic Law came as a complete surprise to all but a very few of the Celestial Hierarchy and it was My sweet privilege and honor to be invited to present the scroll announcing His cosmic freedom to Him as He stood wrapt in deep meditation within the Flame upon the altar. After its reception He remained for a long while gazing in profound contemplation at the gift of freedom within His hands, while the expression of joy and gratitude on the faces of the entire multitude, as they were made aware of its contents through My words of presentation, was beautiful to behold.

The New Lord of the World

"The Lord Gautama Buddha, Who has been preparing Himself through long ages for this hour, now advanced slowly toward the Flame, and Sanat Kumara from His position within It, removed the crown from His head and placed it gently on the head of the Lord Gautama, Who knelt to receive it with hands

reverently crossed upon His breast in an attitude of humility and grace. Sanat Kumara then stepped forth from the Flame and standing by the side of Lord Gautama, blessed and thanked the multitude present and all life for His release and expressed the desire to remain in Shamballa as Regent until the expiration of the time set by the Cosmic Law for His stay on Earth a few years ago. THE LORD GAUTAMA RULES AS LORD OF THE WORLD FROM January 1st, 1956."

The Service of Sanat Kumara

Now, quoting from our Beloved The Maha Chohan: "The Great Sanat Kumara lived but to LOVE LIFE FREE! He abided for countless centuries of time in the impersonal Light of Shamballa which veiled His Countenance from all but the Illumined Ones—the lesser sons of men seeing nothing but The Light of His Love. From within this self-concealing Light, He answered every heart call, not by any impelling force of His Own Great Will, but by the soft, effulgence of Love and Comfort and Light. The recipient, with Grail upraised, received of the ESSENCE of His Very Self, but never knew the Giver! He lived here on Earth for aeons of time, unknown but by those Great enough to pierce through the veil of His selflessness, and yet—WITHOUT HIM—our planet would not be."

☆

FIVE UNIQUE ADDRESSES...

which you should read in this thirty-day period to be in tune with the Retreat of the month. They are by the New Lord of the World (Lord Gautama), the New Buddha (Lord Maitreya) and the New World Teacher (Beloved Kuthumi, who shares this responsibility with Beloved Jesus) on "The Teachings of the Brothers of the Golden Robe. You will find them in **Series VII of the Ascended Masters Discourses.** Price $3.00.

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A Monthly Journal

KEYNOTE OF OUR SECOND SEVEN-YEAR CYCLE:
FREEDOM, PEACE, IMPERSONALITY, CO-OPERATION, EXPANSION

Vol. 8 **November, 1959** **Núm. 8**

ON THE CARE OF THE BODY

An Instruction by The Maha Chohan
(Full text with interpolated headings to bring out main points)

Harmony, a pre-requisite to Drawing Light

Today we are studying the mechanics that govern the inner bodies. You will see upon contemplating the notes how the disintegration of the lower bodies begins to take place from the first uncontrolled thought and feeling that is allowed to break the natural harmony of the vehicles that are provided for the incoming soul.

You are dealing with a great number of individuals who have been lighting dynamite in their livingrooms from the day their eyes opened in the third dimension.

These people when they come into the Light, turning their attention to the power of God, begin to draw more Light into their bodies. This Light would naturally harmonize and repolarize the lower bodies if a measure of self-control was maintained, BUT with the dissonance already so great, just to call Power into the various vibratory actions **is to energize the already present discord.**

If any individual who enters this Activity were to **harmonize** himself or herself and enter these classes, drawing the Power of Light through the lower vehicles, **he or she could create an immortal body in less than a year.**

Only one way to Become Immune to Destructive Vibrations

There is only one way for mankind to come back to a state of immunity which was symbolized in the Garden of Eden—that is to consciously draw the Light into the four lower bodies, and that Light will act similarly to an electric charger as it flows into each electron causing it to spin more rapidly in its orbit and gradually accelerating the vibratory rate of the lower bodies, which if sustained by conscious effort will bring the lifestream to a state wherein discord and imperfection will no longer register.

How to Disconnect Yourself From Discord

The purpose of drawing the Light consciously into one's body is to increase the vibratory action of the electrons by an added charge of power, and as each electron spins around the central core of the atom to which it belongs, its increased vibratory action changes the contours of the body and the processes of your thinking and feeling, and when this acceleration has taken place to a certain intensity the **slower vibrations** of discord, disease and disintegration can no more attach themselves to the set of vehicles attaining his state of acceleration than a turtle could mount a speeding express train.

Think Before you Speak and act, and Before you Feel

Before man comes to the place where he may join the Gods he must master the vibrations of his bodies to a point where they do not create dissonance in their own or another's world.

If you will **think** before you speak and act and before you **feel,** it will enable the elements of your bodies to return to their original beauty, harmony and peace, because as soon as the pressure of discord is consciously controlled the lifestream's natural state begins to establish itself as the Holy Christ Self returns the electrons to their natural orbits, and that is why individuals who have come to the place of mastery and peace attain great beauty and why all your Gods and Goddesses are expressions of Divine Majesty, Dignity, Glory and Harmony.

Old age and Disintegration are not Natural Activities of Life

The appearance of your physical body is determined by the amount of Light that is used within the four lower vehicles, the mental, emotional, etheric and physical bodies.

The natural emanation of Light through the lower bodies forms the protecting Wall referred to in your instructions as the Tube of Light.

When the electrons move more slowly in their particular organs and cells, they draw less light from the Holy Christ Self and the natural resistance of the lifestream grows weaker.

When the race becomes harmonious and the energy released through their bodies **is never qualified discordantly** there will be no such thing as old age, disease, and the vehicles, when abandoned at the close of that particular phase of life's experience, will be in as perfect a condition as when they were designed by the Builders of Form.

You can grow more Beautiful as you grow Older

When manking takes a real interest in the vibratory actions that they allow to pass through their bodies, a state of very great harmony and beauty will be expressed within their lifestreams.

The bodies of the Ascended Masters, the Angelic Host as well as the Cherubic and Seraphic Guard are ever growing finer and more beautiful as the energy pouring through the electrons is ever charged with more light, Love and Balance. Thus, the Master Jesus, Who ascended many centuries ago is a far more majestic figure today than at that time.

As above, **so should it be here below** and the lifestream who has attained to maturity should be more beautiful and exquisite in face and form as the years go on, and so shall it be in the days that are to come.

But for an individual with a conscious knowledge of this Law it would be **a glorious experience** and manifestation if a few

of them **would choose** to experiment with this Law of Harmony and **would allow us** freedom to create bodies such as have never before been seen on this Earth since it began.

The Holy Christ Self of each lifestream is as beautiful as the most perfect Angelic Being that you could conceive of, and the Individual Christ Selves **will duplicate** that beauty through any flesh form **who so desires it** with a little cooperation and conscious study by the personal self.

I Am willing to assist in this experiment with any or all who choose to make the necessary effort at self control.

The Elohim of Peace, the Master Harmony, the Powers of Purity and the Builders of Form will join you in this and it will be a very great privilege for your lifestream to render this service.

How to Prolong the Usefulness of Your Body

When the battery in your car runs down it is attached to an equipment provided to recharge it.

The battery of your physical, mental, emotional and etheric bodies is likewise depleted by constant usage and as that battery runs down, the vibratory action of your bodies becomes slower and slower—just as the revolution of the propeller within the car, and finally ceases motion if the body is what you call "dead".

When your bodies come to this state (which usually occurs from the early sixties onward) you immediately become a prey to the unseen vibrations that move at a similarly slow rate through the physical plane. These vibrations are sickness, mental disorders and ultimately the condition of disintegration, known to the mortal mind as death.

People say "the resistance is gone", which is true because the amount of Light alloted to the four bodies for that embodiment has been spent through excesses of emotional, mental and physical nature.

UNLESS such an individual **knows how to recharge** the lower bodies **by consciously drawing Light** from the Heart of God

(just as the battery of the car was recharged), such an individual finally slips into the natural experience of disintegration and passes the change.

In the early Biblical days men and women lived from seven hundred to a thousand years in one body.

How to Draw Light to Your Body

You have learned how essential it is to draw from The Presence LIGHT which is **the food** of the inner bodies and the **only means** by which their vibratory action can be accelerated.

How do you draw LIGHT? You draw it by the magnetic law of attraction. Your attention is a funnel, where you direct it, there immediately begins to flow the substance upon which you directed your attention into your world. Through this funnel comes over the Ascended Master Consciousness and the Light of God that never fails, or the human accumulation of the lifestream upon which you fixed the beam of your attention.

In order to intensify or to increase the vibratory action of your lower bodies you have but to put your attention upon any Master or the Presence of God Himself, and while it is there you will naturally charge that substance of Light **as mechanically** as the battery of the car is charged by the charger.

Even to lie flat on your bed and visualize that LIGHT pouring through your four lower bodies **for five minutes three times a day** would greatly accelerate the vibratory action of your vehicles.

The more attention put on the LIGHT and the more LIGHT drawn into your vehicles the more rapidly will they vibrate and the easier for you will it be to hold harmony, because when you vibrate beyond a certain rate inharmony can no more register upon your flesh or bodies than a bumble bee can sit upon the propeller of one of the greater constellations. It then is no longer an effort of will to have self-control, but you are so rapidly vibrating in thought and feeling that the human vibratory action ceases to be.

THE SEVEN-FOLD NATURE OF MAN

An Instruction by Serapis Bey

(Full text with interpolated headings to bring out main points)

The Purpose of the Seven Bodies

I would like to explain in detail the seven-fold nature of man, in order that the student may understand more fully the process of re-attuning the entire lifestream into a harmoniously balanced whole.

The seven bodies of man:

1 the Electronic
2 the Causal
3 the Holy Christ Self
4 the Mental
5 the Emotional
6 the Etheric
7 the Physical

were provided for the **use** of the **consciousness** of the Individual Flame when working in any one of the seven spheres of manifest form, just as the outer garments are provided for rain, for sunshine for feast days and for service.

The True Activity of Consciousness

Thus each lifestream was in constant at-one-ment with the **seven realms of manifest form,** and when the Divine Plan so ordered, they might enter consciously into that realm and perform the service of the moment.

The consciousness was completely **free** from the seven bodies, functioning in them, but not influenced in any manner by their independent action any more than a man in the outer world is influenced by his clothing.

The free spirit working through the seven bodies was thus a tremendous evolving force to be used by the Seven Mighty Elohim in fulfilling the Divine Plan for the planet Earth.

The Origin of the Doctrine of the Holy Trinity

When the four lower bodies began to assert an independent and separate consciousness and will of their own, the seven-fold nature of man was no longer a Divine instrument and the doctrine of the Holy Trinity was brought forth, acknowledging the three Higher Bodies which **remained true** to the Divine Principle.

The Revival of the True Activity of Consciousness

With the predominance of the Seventh Ray and the Master Saint Germain the seven-fold nature of man will again come forth and the Religion of the future will be in the complete balance and expresion of the Seven.

The Fall From Grace Through four Avenues

Now, each man, while functioning through the seven bodies, fell from Grace, or accepted a consciousness separate and apart from God in a different one of the lower bodies.

Some allowed the Desire World to act independently of the God-Head others allowed independent action through the mental world, some through the physical and so on.

Therefore, no two lifestreams can be treated alike in bringing the seven bodies back into a state of Grace and alignment, for the weakness that caused the first separation of their consciousness does not dwell alike in each lifestream's set of vehicles.

Balance and Adjustment of the Lower Bodies

Some time ago the Master Morya gave an article on the balance and adjustment of the lower bodies, which I would appreciate your bringing to the notice of the students that they may undersand intelligently the practice to be followed in aligning their bodies to the Divine Will and also that they might understand that one person's strength might well be another's weakness.

(**Note:** This article appears on the opposite page.)

The Lower Bodies are Faucets of the God Self

The lower bodies are merely faucets through which the God Self may flow to enrich the seven Flames of manifestation, yet the student is constantly influenced in his decisions, in his application, in his service to the Light, in his personal manerisms and behavior by the consciousness of these various bodies.

Withdraw All Authority from the Lower Bodies

The student must withdraw ALL authority from the lower bodies and place the authority in the Hands of he Holy Trinity of his lifestream and allow the Electronic Body, the Causal Body, the Holy Christ Self to be the only directing Inteligence of the lifestream.

You can consciously surrender the forces of the four elements of the lower bodies to the Christ Self and then be constantly alert that God and not these usurping powers is the only acting Presence thrcugh your form.

☆

BALANCE AND ADJUSTMENT OF THE LOWER BODIES

An Instruction by EL MORYA

(Full text with interpolated headings to bring out main points)

How to Manifest Peace and Ease

Beloved students: Greetings: As you each one call to Me, El Morya, to enfold and charge you with My Strength and Purity of the Light, you will manifest Peace and Ease in your feeling worlds first, and then it shall outpicture in your every day affairs.

You Need Both the Purity and the Strength of the Light

First, to be happy and victorious in your service to Life, you each one need both the **Purity** of the Light and the **Strength** of the Light in far greater abundance than any of you have yet called forth.

These two qualities are Mine to bestow upon your lifestreams without limit as your desire for these qualities is expressed in your calls for them.

All depression, all lack and limitation must go when one has enough strength and purity of the Light. Please note well, this means that you shall be charged with a wholly balanced activity of these two qualities which shall act in perfect balance through each one of your **seven** bodies.

How to Release the Love of Your Presence

Some of you may have had My Strength in physical effort, but possibly lacked Purity. Some may have had both Strength and Purity, but lacked these qualities in endurance. **All** lack to a marked degree my balanced Strength and Purity in the emotional and mental world.

Had you these Ascended Master qualities **in these two bodies** there would be no lack of Perfect Peace and Harmony in your feelings at all times.

Had you the sufficient Strength and Purity in your **Mental world**—no word or thought of anything but the Love of your Presence could be released by you to another of Life's Children anywhere.

Think well on this, My dear ones and know that I ever stand ready to assist you as I know your hearts crave that Strength and Purity of the Light to express in Love's Balanced Activity through you, each and every one.

The Necessity and MEANING of Your Call

We are conscious of your slightest effort, and sometimes in the struggle of your world we feel the longing of your Presence for our help that may not be given **except** at your call. In this you will see the Wisdom of the Love of Life, for **in your call** is the **giving up** or **letting go—the surrender** and **the struggle is no more.**

In the Service of the Outer to the Inner Self is thy Mastery

Dear Blessed Ones, know that the way ahead lies in fertile, flowered valleys of Our Peace and Love as you will, in all you do, serve Life within your own Pure Hearts. In this joyous service of the outer to thy Inner Self is thy full Mastery, for remember the words of Him Who said: "The greatest of these is he who **serves.**"

Today, My Precious, Blessed Ones of Life, those of you who serve thine inner Self are forging on the Eternal Records of Life such greatness for thy Cosmic Names as all in the history of the past have not achieved.

I Offer you My Cosmic Strength and Purity of the Light

Will you permit My Cosmic Strength and Purity of the Light of God that never Fails to assist you to greater Heights and Glory of thine own Divine Self?

I AM, in Love and Gratitude to your Streams of Life.

EL MORYA

ON RADIATION

An Instruction by the Maha Chohan

TO fully understand the **power of radiation** one must enter the Fourth Dimensional Activity where the unseen but powerful rays are constantly vibrating from their manifestation of the God Life.

There is no such thing as an inanimate object; there is no place on this Universe where there is no motion, no vibration or inertia.

Every electron that forms every atom, visible and invisible, is pulsating constantly with the Heart Beat of the Father.

Radiation is the vibratory action of those electrons.

Man must let the energy from his bodies go forth to perform their cosmic service with at least as much accuracy as the singing bird or the unfolding flower.

Every individual belonging to the human race affects mankind enmass with the breadth that goes forth from them. No one lives unto himself, but the vibration like the beads on one string, flows through the entire humanity **within three seconds.** The radio, the wireless and the television have proved the transcendence of time and space.

Man's throughts and feelings are being broadcast through the universe by an invisible hook-up and these throughts and feelings affect the lives of all the people on the planet as well as the animal and nature kingdoms. Man therefore should endeavor to love more in accord with the principles expressed by Jesus.

One individual with a radiation of peace and harmony can affect the whole human race for good, and the Masters can use such individual as a conductor of Their qualities and hand feed, so to speak, the inner bodies of the people.

But the Masters cannot use these individuals unless they are permanently poised and at peace, for the same reason that the medical doctor does not allow a mother to nurse her child if she is subject to fits of anger, depression or distress because the milk would poison the infant.

THE ASSOCIATION OF MASTER AND CHELA

Excerpts from an Address by Lord Maitreya, the New Buddha

I would speak to you briefly upon the affinity between **Master and chela,** because in order for the Hierarchy to better serve mankind, the God Free Beings whenever possible, work with and through the consciousness of the individuals who dwell upon Their Ray who have any sensitivity to the Holy Christ Self, and who can be reached, so that that chela becomes master in the world of form, according to his capacity and development.

Our endeavor is to pour as much of Ourselves, Our nature, Our qualities, Our gifts and activities into the world of form as We can. As water will find its way through every channel that is open to it, so does the full gathered momentum of every Member of the Spiritual Hierarchy flood down through the upreaching consciousness of every one who offers himself in even the smallest capacity to serve. The further one goes along the pathway of life, the more developed that consciousness becomes, the less impersonal is the association between Master and chelas, until finally there comes a **conscious partnership,** a conscious association and ONENESS that can scarcely be described to you in this world of form.

In the case of the beloved Master Jesus, such Oneness was achieved (with Me) because of Our practice through many centuries and because of Our association at inner levels, and because of His complete surrender of self to My Presence. This is not accomplished in a moment, it embodies many hundreds of years of living, but throughout those centuries closer and closer and closer is the bond of compassion, and sympathetic attunement woven until Master and pupil are almost One. You have heard what I have said, that when I wished to bless life, Jesus, Himself, raised His hand. When I wished to enter cosmic service in Judea, there was My Son and so ONE with Me that there was no consciousness of two. It was just **The Christ** in action and the service was performed. **So it will be one day**

with you! Each of you advancing along your own Ray, developing your feelings until you are attuned to your Master, developing your minds so that you may catch His slighest whisper; until your physical body is held in the reverence and dignity as the Communion Cup through which That Master may bless all who are athirst. Then truly you do become that Cup, and the Master, conserving of His vital energies and forces, **uses you** as Himself in this world of form.

There is a period of growing, a period of developing, a period of maturing before this association is manifest in full detail. I would bring to you here a point of the Law which sometimes is not understood by the over-zealous, by the eager and the earnest ones. **If you force your spiritual service** before you have **builded maturity emotionally - your balance mentally - your purification etherically - your endurance physically,** - you may suffer a **set back** when you begin the great task of teaching, because of the pressure of energy of your fellowman. When you are **anchored** and **poised** and **balanced** - when you are God mature, when the Dove of the Holy Spirit has descended as It did upon Jesus in the Jordan and the hour of your service comes and **your Master and you are One,** then you may move forward drawing the attention of the multitudes.

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Address: HOPE, Dept. H, P.O. Box, 5, Flourtown, Pa.

THANKSGIVING TIME - THE HARVEST

Thanksgiving is a Cosmic Festival and not something that is celebrated only in America but has been observed for aeons of time by the Great Spiritual Hierarchy Who have served mankind for so long. These Great Beings have for countless centuries gathered at the holy Temple at Shamballa and poured forth Their love, Praise, Gratitude and Blessings to every part of Life that has assisted Them in any way—given even so much as a "cup of cold water" in Their Name—to bring greater understanding and perfection to the people of Earth. They were given a SEED on New Year's Day—an idea or plan by which They might reach (and teach) more of mankind—and at Thanksgiving They bring the "harvest" of that Seed and lay it at the Feet of the Lord of the World!

In the Northern Hemisphere of the Earth in November of each year the wheat, the corn, the hay and various kinds of fruits, vegetables and grains provided for the sustance of mankind, have come to fruition. The SEED that was planted within the earth many months before has had the rain beat upon it, the sun shine upon it, the air blow upon it, and by the cooperation of all the elements, it has grown, matured and come to full bloom—and so it is harvested as a blessing to mankind! Just how much genuine heart-felt thanksgiving does mankind enmass truly give to Nature for this bountiful supply with which they are blessed as Thanksgiving Time draws near each year?

What is your harvest?

The Spiritual Teachers of the race bring a harvest each year; nature brings in a harvest each year; but few of mankind realize that they too have this same opportunity, and each year THEIR HARVEST IS MEASURED. Each New Year they too were given a "seed" of new life and energy from which a harvest is expected, and at Thanksgiving that harvest is viewed by God and the Spiritual Powers.

To each one who reads this, what have YOU done with the "seed" given to you last New Year? How have you used your life during the past year? Have you sincerely endeavored to bring greater purity, harmony, beauty and perfection to the Earth and thus ensure a bountiful harvest, or are there many weeds of selfishness, unkindness, hardness, irritations and their like in your sheaves? What have YOU done to make the world a better place in which to live?

Have you rendered some kind service to someone who crossed your path—and not of your family or friends? Have you been kind and thoughtful to the birds, to the four-footed creatures who are unable to make a call to God for help? Have you been charitable in withholding criticism of some other part of life, when you do not know the pressures upon that one? Have you so lived during the past year that your harvest is GOOD of every description?

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DO YOU WANT HAPPINESS?

This is the month to develope a sustained feeling of Happiness, by reading and studying the three booklets containing three wonderful Addresses by the Beloved Ascended Master Lord Ling, Who in a previous embodiment was Ananda, the beloved disciple of Lord Buddha. Lord Ling is now very close to the New Lord of the World. The reading of these Addresses in this thirty-day period will help you to tune into the Shamballa Radiation.

You will find these Addresses, together with a fourth One by the Ascended Master Hilarion, God of Truth and Chohan of the Fifth Ray in **Series VI of the Ascended Masters Discourses.** Price $3.00. You should order you copy today before the first edition is sold out.

Order From

Discourse Distribution Dept.
P.O. Box 5, Flourtown, Pa. USA

ORDER OF FRIENDS OF MERCY (FOM)

Dedicated to help lifestreams over the period of transition, when the soul leaves the flesh body.

Under the Direction of the Ascended Master Saint Germain (Who under the name of Saint Joseph is well known as the Patron of a "happy death").

How You can Serve

Those selfless souls who wish to help along this very important line of service, thereby receiving in due time for themselves the benefit they seek now for others, are requested to devote at least fifteen minutes a day to pray along the following lines:

1st. Call for Mercy's Flame of Cosmic Forgiveness to sweep through the lifestreams who shall pass through the portals of so-called death during the period of twenty four hours when the call is made, and during the rest of month and year.

2nd. Call to action the Angels of the Violet Fire, and the Angels of Lord Michael's Legions with Their Swords of Blue Flame, to stand at the side of each soul passing and sweep out the last vestige of human creation.

3rd. Call to action the Angels of Comfort from the Legions of our Beloved Maha Chohan, to wipe out all fear of so-called death, and give comfort to the loved ones who remain.

4th. Call the Presence of our Beloved Saint Germain and the Presence of Beloved Maha Chohan, to take the departing one into Their arms of Light and Love, and bring him or her to the Karmic Board to present the harvest of that particular embodiment, and then assign him or her to the appropriate School to accomplish the Ascension without the need of another embodiment.

Act Now

Those desirous of rendering this important assistance, greatly required at this time, may apply now for free membership in this Order. They will receive from time to time a Bulletin with appropriate decrees and instructions to better render their service. They may also apply for prayers for their departed ones.

Address: Scribe of Fom P.O. Box 5, Flourtown, Pa.